

EXPOSURE MAPPING



COMMUNITY LANGUAGE VS. TARGET LANGUAGE BOTTE-BOOT.COM

By completing this form, you will get a better idea of how much **exposure** your child is getting in each language on a weekly basis.

Research has shown that children need to be exposed to a language a minimum of **40%** of their waking hours to become proficient in that language.

If your child wakes up at 7:00 am and goes to bed at 8:00 pm, your totals for each day should roughly add up to **11-13** hours of language exposure.

MONDAY

Community Language

(ex. English)

Target Language

(ex. French)

Home conversations & dialogue (ex. morning routine, supper, exposure to adult discussions, play)



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Daycare



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Outings (family visits, sports, etc.)



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Friends



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Electronics (television, tablet, music, etc.)



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Shared Reading



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TOTAL HOURS

Community Language

Target Language

TUESDAY



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Home conversations & dialogue (ex. morning routine, supper, exposure to adult discussions, play)

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Daycare

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Outings (family visits, sports, etc.)

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Friends

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Electronics (television, tablet, music, etc.)

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Shared Reading

TOTAL HOURS

WEDNESDAY

Community Language

Target Language

Home conversations & dialogue (ex. morning routine, supper, exposure to adult discussions, play)



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Daycare



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Outings (family visits, sports, etc.)



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Friends



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Electronics (television, tablet, music, etc.)



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Shared Reading



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TOTAL HOURS

Community Language

Target Language

THURSDAY



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Home conversations & dialogue (ex. morning routine, supper, exposure to adult discussions, play)

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Daycare

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Outings (family visits, sports, etc.)

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Friends

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Electronics (television, tablet, music, etc.)

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Shared Reading

Light blue rounded rectangle

Light orange rounded rectangle

TOTAL HOURS

FRIDAY

Community Language

Target Language

Home conversations & dialogue (ex. morning routine, supper, exposure to adult discussions, play)



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Daycare



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Outings (family visits, sports, etc.)



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Friends



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Electronics (television, tablet, music, etc.)



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Shared Reading



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TOTAL HOURS

Light blue rounded rectangle

Light orange rounded rectangle



Community Language

Target Language

SATURDAY

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Home conversations & dialogue (ex. morning routine, supper, exposure to adult discussions, play)

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Outings (family visits, sports, etc.)

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Friends

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Electronics (television, tablet, music, etc.)

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Shared Reading

TOTAL HOURS

SUNDAY

Community Language

Target Language

Home conversations & dialogue (ex. morning routine, supper, exposure to adult discussions, play)



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Outings (family visits, sports, etc.)



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Friends



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Electronics (television, tablet, music, etc.)



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Shared Reading



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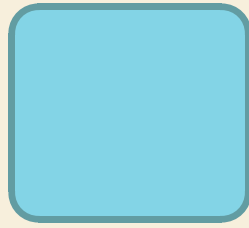
TOTAL HOURS



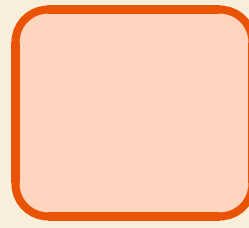
Community Language
(Total of hours)

Target Language
(Total of hours)

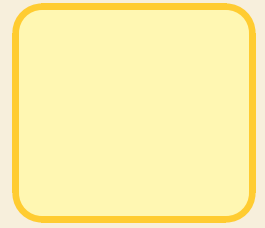
WEEKLY TOTAL
(add up all of the daily hours/minutes)



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Box A

Box B

Box C

Percentage of time spent in each language

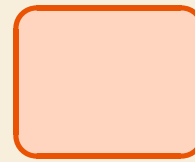


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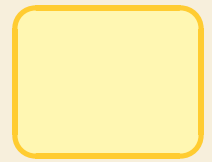


Box A

Box C



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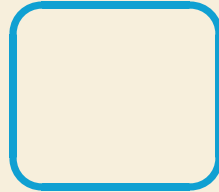


Box B

Box C



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(% of exposure to the Community Language)



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(% of exposure to the Target Language)

If you are not meeting the 40% of exposure threshold in either of your child's languages, there are many activities that can be done to increase exposure hours.

Please go to www.botte-boot.com/printable-pages.html for more info!

Chantal Mayer-Crittenden, 2016.

.....**BE PATIENT, IT'S WORTH IT!**.....

